

# LUNCH & LEARN



The activity is approved for 0.5 AMA PRA Category 1 Credits™

## CHRONIC PAIN: WHEN TO REFER?



### Description

This session offers a comprehensive review of the transition from acute to chronic pain after surgery. It explores the typical timeframes and various definitions of persistent post-surgical pain (PPSP) and opioid use, providing a deeper understanding of PPSP's distinct features. Participants will learn to recognize its manifestations as neuropathic, nociceptive, mixed, or central sensitization. A significant portion of this session will be dedicated to outlining the diverse treatment options pain specialists offer for PPSP, emphasizing a biopsychosocial approach. This includes a discussion of non-opioid medications, physical therapy, interventional procedures, and the role of pain psychology. Ultimately, this program aims to equip attendees with the knowledge to identify when referral to a pain specialist is most appropriate, which will help improve patient outcomes and lessen the burden of chronic post-surgical pain.

## OCTOBER 8

12:10 PM - 12:50 PM CT



### SPEAKERS

Jennifer Hah, MD, MS

### Objectives

- Analyze the general time frames for the transition from acute, subacute, to chronic pain after surgery, and the varying definitions of persistent post-surgical pain and opioid use.
- Recognize features of persistent post-surgical pain as neuropathic, nociceptive, mixed, or central sensitization.
- Describe treatment options that pain specialists can offer for the treatment of persistent post-surgical pain in the context of a biopsychosocial approach including non-opioid medications, physical therapy, interventions, and pain psychology. Specifically, the pathway of interventions for the diagnosis and treatment of neuropathic pain will be discussed in the context of specific operations.

### Audience

Iowa surgical providers, clinical teams, and patients who were prescribed pain medications



## FREE CME

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# Continuing Education

## **Accreditation:**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Iowa Medical Society (IMS). Compass Healthcare Collaborative is accredited by the IMS to provide continuing medical education for physicians.

## **Designation:**

Compass Healthcare Collaborative designates this live activity for a maximum of **0.5** AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **Commercial Support:**

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